

Always the better choice...Naturally



## Freezer Meal Workshop!

NEW – You choose: 6 or 10 meal option!

FUNDRAISER FOR Vista del Lago's Sober Grad Night!!

Purchase the "Deliciously Easy" 6 or 10 meal bundle by 1/3/2014

Reserve by 12/31/2013 and I will honor the 2013 price of \$75 for the 10 meal bundle (includes 7 Wildtree Products, Shipping & Extras)

Cooking is MUCH more fun with friends!! Let's get together and make enough meals to fill our freezers! Bring your bags filled with designated "protein" and other groceries. You go home with 10 freezer meals (with leftover Wildtree products to repeat freezer recipes or use on your own). You'll also go home with side dish recipes to either accompany your freezer meals or use with other meals... and the peace of mind of knowing that dinner is already DONE!

## Reserve your spot today and invite your friends! EVENT DATE: MONDAY, JANUARY 20<sup>th</sup> @ 7:00 pm

MONDAY, JANUARY 20 @ 7:00 pm

(More specific instructions will be given to those who register). Can't make it to the event? You can still participate! Buy your bundle and you will receive the whole plan for making the meals at home! We thank you for your support!

Here's what we'll be making! (You can substitute any meat for what YOU want!)

## **Basic 6 Meal Option- \$59**

Pizza Pork Chops - Italian Stuffed Pork Tenderloin - Tuscany Chicken Dinner Italian Enchilada Stack - Honey Dijon Pecan Crusted Salmon - Gobble, Gobble Pizza Patties

Upgrade to 10 Meals Option - \$79 - Our BEST Value!!

Make the Above Meals PLUS

Spicy Grilled Ranch Chicken - Sausage Taco Soup - Chicken Delight - Creamy Pesto Shrimp Farfalle

**To register, contact: Julie Giordano** • 916-673-7494 • jjgiordano@yahoo.com

simple. healthy. natural.